



## **Welcome to Valentine Health Partnership.**

To enable for us to register you at our surgery, you will need to fully complete the attached forms. If sections of the form are left blank it will mean that we are unable to process your registration.

You will need to bring the forms to one of our 3 reception's with ideally 2 proof's of ID (i.e. Utility bill) your name and current address. If possible please also bring with you photographic ID (i.e. passport, driving licence).

Your registration will take approximately 2-3 days to process, once you have been registered patients over the age of 16 are invited to attend a New Patient Health Check with our Health Care Assistant. Children under the age of 16 will not need a new patient health check. Children aged under 5 will be contacted by a member of the health visiting team. Children under 5 are normally seen within 7-10 days of registering by a member of the HV team. It is important that you are seen by a member of the health visiting team before booking an appointment for immunisations.

You can book an appointment via reception for a New Patient Health Check.

A New Patient Health Check is an important screening tool and can give the GP vital information as it may take several weeks for your records to be transferred from your previous GP.

The purpose of the check is to find out about any existing problems for which you are receiving treatment and, also to help you live a healthy lifestyle.

You will be asked about: current and past illnesses and operations, illnesses that run in the family, medication and allergies, any screening tests such as cervical smears, any immunisations such as tetanus. You will have will have your blood pressure, weight and height and urine tested.

You are also offered advice on: healthy eating, exercise, sensible limits for alcohol, how to stop smoking.

For more information on the services on offer please check out our website [www.valentinehealth.org.uk](http://www.valentinehealth.org.uk)